**The Academy: Sheffield Psychotherapy and Counselling Education**

**Taster Course in Counselling Skills: Guidance on writing your Personal Statement.**

As part of your application for the Taster Course you are asked to submit a personal statement, word processed, of no more than one A4 page in length. In this statement, we would like you to give us a bit of background information about yourself and tell us your reasons for wanting to do the course. It is a ***personal*** statement so should give a sense of you as a person.

You should address in your personal statement any items in the Fitness to Practice Declaration to which you have answered YES.

**Please make sure that your personal statement has your name clearly written at the top of the page.**

If, during the Taster Course, you decide that you would like to transfer onto the Full Foundation Course, you will be required to submit a further application form, a fuller personal statement and to attend an interview.